

Introduction to Krav Maga

DO YOU KNOW WHAT TO DO IF YOU GET ATTACKED? FIRST, DON'T PANIC: IT DOESN'T MATTER HOW BIG THE ATTACKER IS. KRAV MAGA TEACHES TECHNIQUES BASED ON REFLEXES THAT ANYONE CAN DO. COME LEARN HOW TO GET OUT OF SOME DANGEROUS SITUATIONS.

ALL BERNARDS TWP. FAMILIES ARE WELCOME TO PARTICIPATE IN A CLASS OFFERED BY THE BTEA

WEDNESDAY, JUNE 6TH

6:00-7:30 P.M.

RHS WRESTLING GYM

HOSTED BY RHS FRENCH TEACHER & CERTIFIED KRAV MAGA INSTRUCTOR JOELLE GOZLAN

SIGN UP AT WWW.TINYURL.COM/BTEAKRAVMAGA



*PLEASE NOTE THERE IS A \$5 CHARGE FOR THIS CLINIC; INFORMATION IS AVAILABLE IN THE SIGN UP LINK!