LIBERTY CORNER SCHOOL PTO PRESENTS

PARENTING FOR SUCCESS, BUILDING RESILIENCE

HOW DO WE INTRODUCE SOCIAL MEDIA & TECHNOLOGY, FIRST PHONE OR A NEW VIDEO GAME?

This topic, responsible for many gray hairs & heated family debates, will be used to illustrate some of the parenting skills being taught.

DATE: October 18, 6pm
PRESENTER: Megan Cook, LAC
LOCATION: Liberty Corner School, Cafeteria

Resilient kids are better equipped to navigate the challenges of middle school, high school & beyond. Today's teens face pressures that parents have never experienced & some young families are dealing with devastating outcomes.

Learn how to help build resilience by fostering Competence, Confidence, Connections, Character, Contribution, Coping Skills & Control. It is important to lay the foundation now for a healthy, successful life.

RSVP REQUIRED. SIGN UP HERE

Little ones welcome. Please bring a toy or activity to keep them occupied.

Community in Crisis

LCS PTO

Bernards Township Municipal Alliance Against Substance Abuse